

Summer 2024
Course Guide

ACCESS PROJECT

PROGRAM FOR ADULTS WITH DISABILITIES



CONTACTS



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Scan to Register:



www.tridistrict.ce.eleyo.com

Creative Arts

Glow in the Dark Painting



Unleash your creativity and dive into the mesmerizing world of luminous art with our Glow-in-the-Dark Painting Class! This unique and exciting class is designed for art enthusiasts of all skill levels who want to explore the magic of creating stunning artworks that come to life with an ethereal glow in the dark or under a uv light.

Tue, May 7
6-7 pm
Branch Out, WSP
\$6 - 1 session

Watercolor Pillowcases



Making your own bedroom or living room decor has never been so much fun. Join us for a night of painting pillowcases. This watercolor technique blends colors to make a beautiful tie dye effect. You can paint them to match your bedroom or your favorite colors. We can't wait to see your wonderful creations.

Wed, Jun 5
6-7:30 pm
Branch Out, WSP
\$6 - 1 session

Flower Pot Painting



Join us for fun and creativity. You will enjoy painting and personalizing your own flower pot. You can paint one for yourself or gift it to a friend. We will use paint and markers to decorate and seal it with a top coat so your pot can be enjoyed for years to come. Can't wait to get creative with you!

Thu, Aug 1
6-7 pm
Branch Out, WSP
\$6 - 1 session

Health

Stroll, Roll, Walk and Talk

Join us for a scenic stroll or roll around the stunning Thompson Park Lake with friends! Embrace the beauty of nature while enjoying great company. Let's make memories together in this refreshing class experience!

Tuesdays | \$5 each session | June 18, July 23, Aug 20
5-6 pm
Thompson Park, WSP



Social Corner

Karaoke Night

Let's sing the night away! Gather with friends for a fun night of singing, laughing, and music while taking turns performing some of your favorite tunes. Pre-registration is not required but appreciated.

Fri, May 31
6-7:30 pm
Branch Out, WSP
\$5 - 1 session



Bingo!

Everyone loves BINGO! Come on over to meet new friends, play bingo, and have a good time. All participants win a prize! Pre-registration is not required.

Mondays | 6-7 pm
May 20
Jun 17
Branch Out, WSP
\$4 - each session



Friday Fun Night

Move over Branch Out Hangout here comes Friday Night Fun! Come join us for a night of fun with friends, games, crafts, movies, and pizza. Pre-registration is not required but helpful in ordering pizza.

Fridays. | 6-8:30 pm
May 10
Jun 14
Jul 12
Aug 9
Branch Out, WSP
\$8 - each session



End of Summer Picnic Party

Celebrate the end of summer with great food, yard games, music, and most importantly, friends! Come rain or shine. A covered space will be available. There is no cost for caregivers to assist. Pre-registration cost is \$8.00. Pay at the door cost is \$10.00



Fri, Aug 16
5:30-7:30 pm
Thompson Park, WSP
\$8 - pre-registration
\$10 - at door



Food

Bite-Size Apple Pies



Do you like apple pies? Do you like easy and fun recipes? Join us in a fun filled class learning how to make delicious bite sized apple pies. They are a perfect snack or a special dessert you can bring to your next party. Come join us for some apple fun!

Thu, May 16
6-7:30 pm
Branch Out, WSP
\$9 - 1 session

Fruit Smoothies



Have you ever wanted to learn how to make something for breakfast that was quick, delicious and nutritious? Well now you can! Join us as we learn from a special peer the art of making the perfect smoothie. We will blend fruit, vegetables, yogurt and more to make these delicious creations in only a short amount of time. It will be a skill you can enjoy over and over again.

Thu, Jul 18
6-7 pm
Branch Out, WSP
\$9 - 1 session

Hall of Fame





Independent School District 197
Community Education
1897 Delaware Ave.
Mendota Heights, MN 55118

Special Event



Mon, Jul 15
5:15-7:30 pm
Harriet Island Padleford Landing, St.Paul
\$19 - 1 session

Paddle Boat Monday Madness

Embark on a thrilling 90-minute journey aboard the iconic Mississippi Paddle Boat, where adventure meets history in the most delightful way! This narrated excursion promises a joyous ride featuring highlights such as the majestic St. Paul High Bridge, the mysterious Pig's Eye Cave, the scenic Minnesota River mouth, the charming Pike Island, and the timeless beauty of the ever-flowing Mississippi River. There will be delightful concessions on board so don't forget to bring some money. This is an adventure you won't want to miss! Limited seats available.

Caregivers must register.

